



Ash/Mars Year 1 Other Subjects Learning Grid Week Commencing 31st January 2022

PE	PSHE
	L.O: How to keep ourselves healthy.
Use the school website to find a PE activity that you enjoy!	Have a look at todays video: https://classroom.thenational.academy/lessons/brush-your-teeth-65j66d
Sign up for a free GoNoodle account and have fun joining in with silly dances and songs! HTTP://app.gonoodle.com/login	Task: Make a poster of how we can keep our bodies healthy by brushing our teeth.
Handwriting	Music
	LO: To develop our sense of pulse.
This week we are looking at number formation. Complete the attatched worksheets.	Take a look at today's activity: https://classroom.thenational.academy/less ons/planting-in-the-garden-c8tkOd
	Use the school website to find a PE activity that you enjoy! Sign up for a free GoNoodle account and have fun joining in with silly dances and songs! HTTP://app.gonoodle.com/login Handwriting This week we are looking at number formation.



