



Wednesday 3<sup>rd</sup> March 2021

LO: to explore minutes, seconds  
and hours.

# Recap

- Which clock is showing **half past 2**?
- Which clock is showing **half past 9**?
- Which clock is showing **half past 7**?

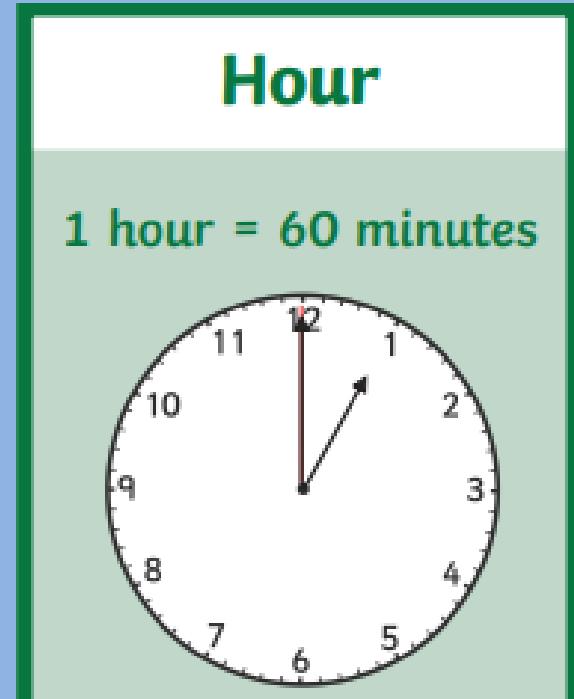


# Units of time

seconds

minutes

hours



# What can you do in one second?



**blink**



**sneeze**



**wave**



**smile**



**drop something**

# What can you do in **one minute**?



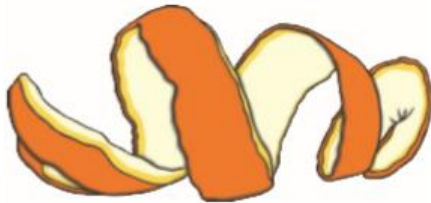
**write a sentence**



**brush your hair**



**eat a biscuit**



**peel an orange**



**toast bread**

# What can you do in **one hour**?



**paint a picture**



**walk a dog**



**go swimming**



**play a board game**



**bake a cake**

# What can you do in one minute?



Star jumps

Write your name

Catch a ball



# Your task:



## Year 1:

**Something easier:** Complete the 'something easier' activity sheet. Cut and stick the items to show if they can be completed in 1 second, 1 minute or 1 hour.

**Main activity:** complete the 'main activity' sheet. Record what you can do in 1 minute using the recording sheet.

**Something Harder extension:** complete the extension activity. Can you explain your answers?

